Happiness is free! But why are you grieving?

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Humans are such lucky creatures to live in a world where happiness is free for all of them, irrespective of their religious, racial, national, or cultural differences.

Unfortunately, some of us have been lost in a state of grieving about some life lopsided, which results in the demise of our happiness.

Wealth, publicity, or a crown can’t buy happiness, despite the fact that it’s totally free to everyone, but self-acceptance, embracement, and doing righteousness bring happiness to the heart and ease to the soul.

I won’t suggest the idea of letting some bad times, moments, or events of life take away what is free to us (our happiness).

We’re supposed to be happy and joyful; we've got full rights and authority to be happy since being happy is under our control.

We need to always control our anger by forgetting our bad pasts and facing the future, by overlooking others’ mistakes and wrongdoings, by forgetting the thoughts of taking revenge, and others.

Honestly and advisably, do not let your happiness fade away because of grievousness. What you have is what somebody is dreaming to have one day; who you’re is what somebody is dreaming to be one day; where you’re is what somebody is dreaming to be one day.

In my first article on Medium, I wrote, “Joy, happiness, and comfort are all found in the hearts of those who embrace themselves and accept who they’re, irrespective of how wealthy or poor they're.”.

Just be yourself and stop being who you thought you were. Accept yourself and stop rejecting yourself. This life is a short ride; the moment you die, your ride is over. Use and manage your life carefully, and enjoy it to the fullest.

Be yourself and do what is good for your well-being and your future; let go of gossip, cheating, and other chaotic things. Focus on what you’re great at and do your best to succeed at it.

Remember to always do things that make you happy; forgiveness brings happiness and a sense of self-worth.

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